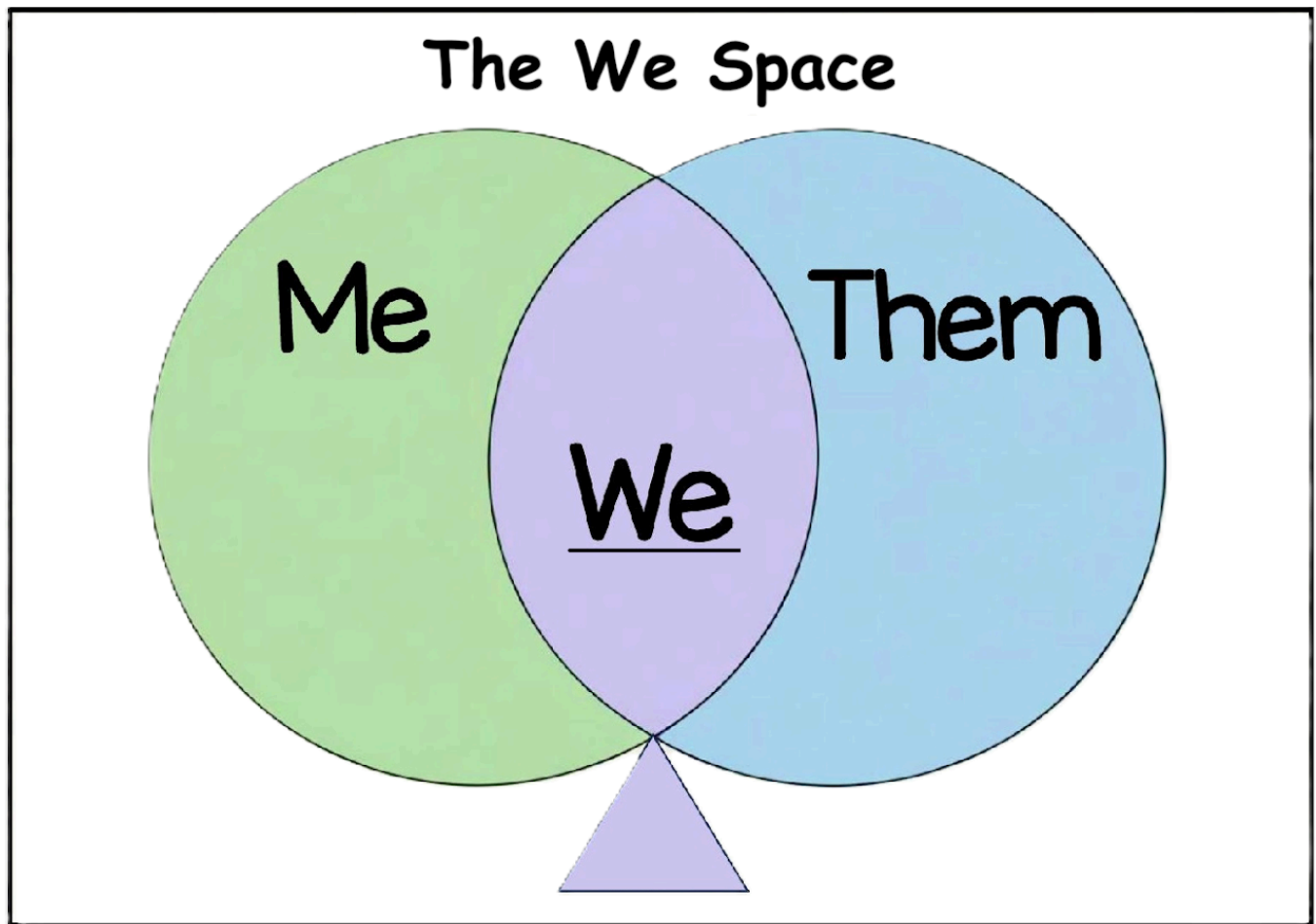


Relationship Clearing Meditation

By Jennavieve 'JJ' Joshua



"The We Space Meditation" is a simple, yet powerful tool to use when experiencing any kind of challenge, pain, bad vibes, victimhood, or anger in a relationship. You have the spiritual right to energetically clear the relationship space that exists between yourself and another person. This is called *The We Space*.

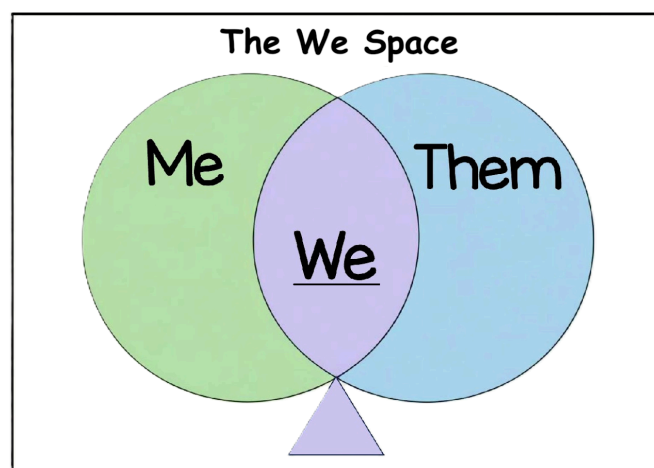
This graphic will help you to hold the vision as you state your request and intentions. This is an example of how easy it can be to spiritually clear a relationship that may be going through a rough patch.

This meditation is best spoken out loud, and in a place where you have plenty of quiet and privacy.

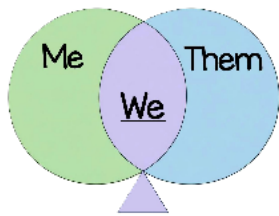
“I now call upon the Violet Transmuting Flame, the Golden Light of the Christ Consciousness, and the Silverlight of Grace to blaze through *The We Space* I hold with_____. I choose to let go of any energies that are unloving, unkind, confused, angry, guilty, shameful or stuck in victimhood; to be cleared gently from our shared *The We Space* for the highest good of all concerned. Putting in its place: neutral loving acceptance, peace, true forgiveness, and compassionate understanding.”

Start with a simple prayer asking for Spiritual assistance to increase your willingness to let go of the pain or judgement you may be experiencing with this person. Then simply hold your focus on *The We Space* with this person for five minutes while allowing the spiritual clearing to take place. Visualize in any way you can; the Golden Light, Silver Light of Grace and Violet Light of transmutation. Further description regarding Spiritual Light therapy can be referenced on the next page. When you have completed the five minutes of light meditation, spend a few more minutes thinking about what you appreciate about that person. When you end your meditation, it can be very helpful to send this person a simple blessing for their health, wealth, happiness, and peace of mind.

Do your best to let go of any expectations for a change in the other person’s behaviors. Healing begins in your own mind and in your own heart. Take responsibility for your side of the relationship. You only have the power to control how you respond to others. This meditation often brings a deep peace and greater confidence in all relationships, and especially in work relationships. Repeat this meditation daily until you feel more loving acceptance inside yourself regarding that relationship.



Relationship Clearing Meditation



Light therapies use specific wavelengths to treat different aspects of physical and emotional health by stimulating cellular processes and mitochondrial health with red, blue, and infrared light therapies.

As a spiritual clairvoyant I have witnessed seeing spiritual light all of my life. It wasn't until I was in my thirties that I understood spiritual light therapy and began to use it effectively for myself. In the course of my 30-year career as a miracle-minded life coach I have witnessed many clients experiencing the benefits of using spiritual light therapy as a meditative focus. To read about my first remembered experience with Spiritual Light (at about 14 months old) go to: [JJ's Story of the Pink Rose Mystical Moment](#)

It is simple. It is powerful. And you can trust that the correct dosage will be delivered to you for each and every application of spiritual light therapy. Always remember when using spiritual light therapy to include the phrase:

“May this take place in a way that serves the highest good for all concerned.”

The Light emanates from the Christ consciousness and is used to correct misperceptions.

The Silver Light of Grace emanates from a place in consciousness that holds no darkness and serves only the highest good of all concerned. It is a place of non-karma, a place of no cause and effect.

The Violet Transmuting Light emanates from a place in consciousness that transmutes fear into love for the highest good of all concerned. Violet light functions on the physical, emotional, mental, and spiritual levels.

♥ For additional information regarding relationship healing, please explore [Forgiveness, the Master Healer](#)