

Akashic Records and True Healing

The 'Akasha' is another name for the field of recorded consciousness pertaining to the entire journey of each soul. The Akashic Records hold every thought, word, deed, and intention related to a Soul's journey since its beginning, in this life and others. Everything that occurs leaves an imprint. The Akashic records also may hold codes that awaken specific gifts and potential for activation when it serves the highest good for that Soul's journey. The Akashic records have been referred to by various names within many spiritual traditions. The Christian bible, for example, refers to the Akasha as, "The Book of Life."

Reading your Akashic Records accesses valuable "big-picture" guidance as well as details about any mundane or spiritual issue you might have. Over the years, I have found how remarkably practical and useful this information can be. In addition, the Akashic Records provide a field of unconditional love, understanding and support, as well as placing you in the path of opportunity for true healing and lasting transformation.

Your Akashic Records are accessed within the context of a specific intentional prayer. I consider it a sacred agreement and process when the records are opened. Your Soul and Higher Self direct the session. Seven or less questions, formulated by you prior to our appointment, reveal to your Soul what records require opening to support you in strengthening, healing and releasing anything from the past that does not serve you. Your Higher Self will not reveal anything to me, or you, that you are not ready for or not able to hold responsibility for. Being in the field of your Akashic Records is a deeply nurturing, illuminating, and safe place from which to participate in personal growth and healing.

I was born knowing how to "see and read" the Akasha. This ability is a part of my Soul's lineage. I am able to offer you clear and experienced vision that originates from your records and energy field. We use the Akashic records, not as a curiosity, but as a tool to get free from past limiting beliefs, patterns and trauma stuck in your energy field, and to support you in your next most empowered steps in all aspects of your life.

What is Healing?

Healing is defined in the context of my coaching practice, as a complete shift in consciousness from fear to love, from perceived guilt to the awareness of your intrinsic innocence, and from contraction to expansion. It often contains the process of True Forgiveness and allows you to see yourself and all circumstances with an entirely new perspective and compassionate vision. The healing occurs at the Higher Self and Akashic levels first, and then filters down into the conscious mind and body as the Soul directs.



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